



Thanks to You ...

More than 2,500 individuals have participated in a TMI program in 2018 on TMI's campus, through Outreach programs worldwide, and online. Your gifts have enabled us to keep program tuition reasonably priced, allowing more people to attend programs and experience personal transformation. Your gifts have also helped us make significant repairs to the TMI campus buildings.

In this year-end, quarterly, issue of *Inside TMI* we share news about how your past gifts have helped us grow through the development of new programs and expanded research. We are grateful for your support!



The Copper Wall Project

by Ross Dunseath, TMI Research Coordinator

Researching the physiological generation of high voltages and electric fields in humans.

The Millennium Room at Roberts Mountain Retreat (RMR) is the lab with the pyramid roof that's connected to the log cabin where Robert Monroe once engaged in out-of-body explorations. [Read More.](#)



Meet Senior Research Specialist Tarik Bel-Bahar

TMI has partnered with the University of Virginia's Division of Perceptual Studies. A significant step in this collaborative process is the appointment of Senior Research Specialist Tarik Bel-Bahar, PhD. Under the supervision of Dr. Ross Dunseath, TMI's Research Coordinator, Dr. Bel-Bahar will study responses by TMI participants during various courses such as the Discovery Program. Dr. Bel-Bahar's background includes examination of brain behavior processes associated with affect, cognition, perception, personality, and beliefs. He is particularly interested in neuropsychological mechanisms and effects related to topics such as contemplative traditions, altered states of consciousness, mysticism, yoga, religious experience, trance, shamanism, psychedelic experience, and subtle energy.

Initially, Dr. Bel-Bahar will conduct an EEG study with a new research-grade 32-channel system to examine brain dynamics associated with exposure to Hemi-Sync® and SAM stimuli, as well as conduct analyses of new data from TMI programs using the Mind-Mirror EEG device, and he will set up new research focused on bio-field assessment, including energy expression and healing. We will contribute to the science of psychology and consciousness by examining the mechanism and effects related to TMI programs.





Winter Program Sale

Take \$400 off Jan. and Feb. programs*
Gateway Voyage, Lifeline and Conscious Presence

*restriction may apply

Renovations and Repairs at TMI

TMI's Yoga and Workout Room, located in the lower level of the Nancy Penn Center (NPC), just underwent a much-needed restoration. New mirrors, new flooring, and exercise equipment are part of the makeover for guests who want a retreat during their retreat.

This year we replaced the 15-year old HVAC unit at NPC where we host week-long programs, purchased a new riding mower, and renovated our trainer rooms. We continue to improve the campus and buildings for the comfort of our guests and trainers.



If you have not made a donation to the 2018

TMI Annual Fund, there is still time.

Your support helps us:

- **Give scholarships** to people who need a TMI program
- **Conduct consciousness research** that is life-changing
- **Create exciting new programs**
- **Expand the Institute** throughout the world.

Make a Gift of Support to TMI!

Thank You!

DONATE

100,000

The number of people that have experienced a TMI program since 1975.

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